

SUTTON MANOR GARDEN OPEN DAY

Friday 8th May 2026
10am - 1pm



Open to:

All patients aged 18 years and over who are registered at Sutton Manor Surgery

Activities on the Day

Yorkshire Wildlife Trust

Hosting a range of hand-on nature activities:

- **10-11am:** Planting wildflower seeds to grow pollinator-friendly patio pots
- **11am-12pm:** Bird box making for the practice garden
- **12-1pm:** Creating hoverfly lagoons and planting wildflower seeds to grow pollinator-friendly patio pots

Community Link Worker

Information and advice about Social Prescribing

Health & Lifestyle Practitioner

Free blood pressure checks

Digital Support Advisor

Advice and guidance on using the NHS App

No booking required. Drop in and get involved!

For any queries, please call the BeWell service on 01482

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 Be Well

